Welcome to the spring/summer addition of our Stone Cross, Pevensey Bay and Westham Newsletter.

We would like to take this opportunity to inform you about some important upcoming changes at the surgery.

We are very excited to announce that we have managed to recruit a new salaried GP Dr Moti Gurung. You may remember Dr Gurung worked with us for a year whilst she was finishing her GP training which she has now completed. We will be welcoming Dr Gurung from mid February three and half days a week and her list will be open not only to new patients but any existing patients that would like to transfer to her. This will help us to cope with our ever growing list size as more building works are near completion in our area with more planned.

You can register for a Patient Access account and once registered, this will allow you to order prescriptions and book an appointment at any time using either a smartphone or computer. To register for a Patient Access accounts please complete one of our forms. You will need to bring two forms of identification to the surgery and then an activation message will be sent to you.

If you are eligible for the Shingles injection and would like to protect yourself against this virus please call the surgery or ask at reception for an appointment with the Health Care Assistant or Nurse.

Coronavirus Advice

If you are unwell AND have lived or travelled in China, Hong Kong, Japan, Macau, Malaysia, Republic of Korea, Singapore, Taiwan, Thailand, Iran, Vietnam, Cambodia, Laos, Myanmar or Northern Italy, in the last 14 days OR

If you have had contact with a confirmed case of Wuhan Novel Coronavirus in the last 14 days

Please follow this guidance...

Stay indoors and avoid contact with others. Contact NHS 111 for advice. Do NOT go directly to your GP Surgery or hospital.
The PPG is simply a small number of patients who have volunteered to work with the Practice Manager and healthcare staff to communicate news and information from staff to patients, and to communicate concerns and feedback, from patients to staff. We take an interest in the surgery environment, offer advice if we see things we think could be improved, and you may also see PPG members helping in practical ways, such as assisting during the busy flu jab clinics. If you feel you could contribute to any of these roles, and have a little spare time to devote to us, we would love to hear from you. For more information please ask at reception or telephone the surgery where the Management team will be more than happy to discuss the PPG further with you.

Cervical Screening is available across the whole of the UK. Women are invited for cervical screening between the ages of 25 and 64. Women aged 25-49 are invited every three years and women aged 50-64 are invited every five years. Cervical screening isn’t a test for cancer; it’s a test to check the health of the cells of the cervix. Detecting and removing abnormal cervical cells can prevent cervical cancer.

Please complete your travel form as soon as you book your holiday these are available to download from our website or on request from our reception staff. Once you have returned your completed form to us, our travel nurse will check your vaccination record and the latest travel advice for the area you are going to and we will then contact you to inform you of what is needed.

To ensure we can offer you the best protection. We require at least 8 weeks notice, prior to your travel.

When booking last minute holidays please remember we are not able to offer last minute appointments in our clinics. If you do book a last minute holiday there is a Travel Clinic in Eastbourne located at CityDoc Eastbourne 11 Grand Hotel Building Compton Street Eastbourne BN214EJ Opening Hours: Mon-Fri 9am-5.30pm

Also some of the local chemists offer Travel advice and they have the most up to date information regarding any Malaria tablets that you may need.

KEEP US UPDATED

If your home address has changed or you have a new home or mobile telephone number please either ask for a ‘change of address’ form at Reception, inform the telephonist when you ring us or e-mail the changes to Stone.cross@nhs.net.

Surgery Closure Dates

Please remember to order your medication, allowing enough time for surgery closure dates.

**Easter**
Friday 10th April – Closed
Monday 13th April - Closed
The surgery will re-open as normal on Tuesday 14th April.

**Bank Holidays**
Friday 8th May – Closed.
Monday 25th May – Closed
Monday 31st August - Closed

Useful numbers and links:
Stone Cross, Pevensey Bay & Westham Surgery;
Phone 01323 761461
Fax 01323 743041
For non-urgent medical help please call NHS 111

Useful numbers and links
Stone Cross, Pevensey Bay and Westham Surgery
Phone 01323 761461
Fax 01323 743041
If you need urgent medical help but it’s not a life threatening situation call NHS 111 services
Call 999 in the case of Emergency
www.stonecrosssurgery.co.uk